

# PILGRIMS®

- VEGETARIAN CAFE -

EST 1980

**THANKS SO MUCH FOR COMING IN TODAY, IT'S A PLEASURE TO HAVE YOU HERE!**

We look forward to serving and caring for you. Due to the nature of current restrictions we are offering a limited menu that accommodates a take-away service so you may notice some of your favourites missing.

We look forward to returning to our usual offering as soon as we are able so we appreciate your understanding and patience but if you do have any special requests or questions feel free to ask and we will do our best to look after you!

## ALL DAY MENU AVAILABLE FROM 8AM WEDNESDAY - SUNDAY

### BANANA BREAD

Pilgrims homemade banana bread served with butter or nuttelex & cinnamon sugar

### ACAI BOWL

Açaí blended with fruit and topped with fresh strawberries, banana, maple syrup, granola and coconut flakes

### AVOCADO SOURDOUGH

Avocado, cracked pepper & a slice of lemon on sourdough

### DELUXE BREKKY WRAP

Avocado, tomato, fresh greens, roast mushies, fried egg, haloumi, hommus, pesto & siracha on a toasted wrap

### BURGERS CAN ALSO BE SERVED AS A WRAP

GLUTEN FREE BURGER ROLLS AVAILABLE +1

### BREKKY BURGER

Avocado, melted cheese, roast mushies, roast tomato, fried egg, hommus, chilli jam & greens.

### BLISS BURGER

Mixed grain pattie, fried onion, avocado, cheese, tabouli, sprouts, special sauce & peanut sauce.

### MILLENNIUM BURGER

Curry lentil pattie, fried onion, avocado, lettuce, beetroot, cucumber, greens, sprouts, tahini dressing & sweet chilli sauce

### HALOUMI BURGER

Haloumi, fried onions, tomato, hommus, chilli jam & greens

### MIXED SALAD

Tabouli, rice salad, avocado, lettuce, beetroot, carrot, tomato, cucumber, Pilgrims greens, olives, fetta, hommus, olive oil & lemon - Add pattie **3** / Haloumi **4**

### NO.2 WRAP

Avocado, lettuce, carrot, beetroot, tomato, cucumber, sprouts, Pilgrims farmed greens & *hommus or mayo*

**9 NO.1 TOASTIE 10**

Avocado, tomato, fried onion, cheese & cracked pepper toasted on sourdough

**15 NO.3 TOASTIE 10**

Fried egg, fried onion, cheese & cracked pepper toasted on sourdough

**10 BURRITO 15**

Spicy black beans, refried potato, brown rice, cheese, guacamole, sour cream and chilli salsa on a toasted wrap

**15 KIDS JAFFLE 6**

Melted cheese Jaffle on sourdough

## VEGAN FAVOURITES

**14 VEGAN BANANA BREAD 9**

Pilgrims homemade banana bread served nuttelex & cinnamon sugar

**ACAI BOWL 15**

Açaí blended with fruit and topped with fresh strawberries, banana, maple syrup, granola and coconut flakes

**15 VEGAN BREKKY WRAP 15**

Avocado, tofu, fresh tomato, potatoes, roast mushies, fresh greens, hommus & siracha on a toasted wrap

**15 VEGAN BREKKY BURGER 14**

Avocado, vegan cheese, roast mushies, roast tomato, tofu, chilli jam, hommus & fresh greens on a toasted wholemeal roll

**15 VEGAN BLISS BURGER 15**

Curry lentil pattie, fried onion, avocado, vegan cheese, tabouli, sprouts, special sauce & peanut sauce on a toasted roll

**MILLENNIUM BURGER 15**

Curry lentil pattie, fried onion, avocado, lettuce, beetroot, cucumber, greens, sprouts, tahini dressing & sweet chilli sauce on a toasted roll

**15 VEGAN NO.1 TOASTIE 10**

Avocado, tomato, onion, vegan cheese & cracked pepper on sourdough

## DRINKS

### JUICES

SMALL **7** REGULAR **9** JUMBO **11**

**BOMBIE** Carrot, apple, beetroot, celery, ginger

**GOLFIE** Pineapple, orange, watermelon

**CRYSTALS** Orange, strawberry, mango

### SHAKES

**CHOCOLATE / CARAMEL / STRAWBERRY / VANILLA**

**THICKSHAKE**

### SMOOTHIES

SOY/ALMOND/MACADAMIA/OAT MILK **+1**

**BANANA / MANGO / STRAWBERRY / MIXED BERRY/ ACAI / MANGO LASSI 9**

### HOT DRINKS

SOY/ALMOND/MACADAMIA/OAT MILK **+50c**

**PILGRIMS COFFEE 4**

**BREWED CHAI 5**

**CHAI LATTE 4**

**HOT CHOCOLATE / MOCHA 4**

**ORGANIC TEA 4**

English breakfast/ Green / Peppermint

**TURMERIC LATTE 4.5**